

A LECTURE ON CHRISTIAN SCIENCE

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On Friday evening, Sept. 8, William R. Rathvon of Denver, Colo., delivered an interesting and well attended lecture on Christian Science in the Phelan opera house.

He was introduced by Mayor Romig, who said in part:

"My Friends, I am indeed sorry to say that up to this time I have never taken the opportunity of reading any of the teachings of Christian Science. My knowledge of that faith is decidedly limited.

"It is a known fact that that faith is based upon the teachings of Christ Jesus, who taught his disciples to heal the sick and the sinner through prayer. The rapid expansion of the Christian Science movement through a comparatively brief period of years should set to thinking those of us who have neglected to make a study of its valuable teaching. One of the foremost questions in the mind of the seeker is: 'How does Christian Science heal without the use of drugs?' My knowledge of the Bible would cause me to say that it is by the same application by which Jesus healed 1900 years ago.

"I believe that these lectures make it possible for more people to have a correct conception of how Christian Science works."

Founded upon the Bible

To be healed in Christian Science, one does not have to understand it. Infidels frequently have been healed by it, but if one would understand it or apply it for himself he must believe in the Bible, for from first to last, from beginning to end, Christian Science is founded upon the Bible of our forefathers.

Besides the Bible there is but one other text book of Christian Science, the book, "Science and Health, with Key to the Scriptures," by Mary Baker Eddy, and this book I would commend to every one who would learn for himself at first hand the teachings and practices of Christian Science. A copy may be obtained through any Christian Scientist. How

comprehensive and inclusive is that book may be seen when I name to you the headings of some of its chapters, as follows: Prayer; Atonement and Eucharist; Marriage; Christian Science versus Spiritualism; Animal Magnetism Unmasked; Science, Theology, Medicine; Physiology; Footsteps of Truth; Creation; Science of Being; Some Objections Answered; Christian Science Practice; Teaching Christian Science; Recapitulation.

It is not the power of the human mind that heals in Christian Science, but the power of the divine mind—God Himself.

The word "mind" as used in Christian Science has a two-fold application. When used in its highest sense it always means God, unchanging good, and when so used in our literature it is always capitalized. This marks it clearly and differentiates it from the word "mind" as ordinarily used, as when one would speak of the mind of man, the human mind and the like.

When the despondent invalid recognizes that God never made a man sick nor a sick man; that on the contrary He has given to man unbroken health; that sickness is an imposition of mortal mind and is illegitimate, abnormal, unrighteous, without divine law, recognition or sanction, he is then ready to turn to divine Mind, God Himself, "Who forgiveth all thine iniquities, who healeth all thy diseases." (Psalms 103: 3.)

A man's highest ideas of God can be no higher than his highest conceptions of good, but they should always be that high, for God is infinite, unchanging good.

A thought of some kind is the foundation, the starting point of every action and right habits of thinking lead to right habits of living.

Prayer

riefly to consider what constitutes prayer in Christian Science, let us take a few extracts from its text book, Science and Health. On the fourth page of the remarkable chapter on "Prayer," Mrs. Eddy uses these words:

"The habitual struggle to be always good is unceasing prayer."

"What we most need is the prayer of fervent desire for growth in grace, expressed in patience, meekness, love and good deeds." And again on page 15:

"Self-forgetfulness, purity and affection are constant prayers."

The Lord's Prayer is repeated in unison at all Christian Science services, and it is invariably preceded by a few moments of silent prayer by the congregation. Besides this, there is one short prayer recommended for daily use. So simple is it, yet so reverent in its phraseology, so direct, yet universal in its inclusions, so free from every suggestion of sect or doctrine is it, that it can be unreservedly used by any sincere man or woman of any church or of no church. Here it is as Mrs. Eddy has given it to us:

"Thy Kingdom come; let the reign of divine Truth, Life and Love be established in me, and rule out of me all sin; and may Thy Word enrich the affections of all mankind, and govern them!"

(Manual Art. VIII Sec. 4.)

Healing in Christian Science is always by means of prayer. The word generally used is "treatment," but it is always to be understood that a Christian Science treatment is a prayer, and just in the proportion that it is a righteous prayer, does it heal the sick and reform the sinner.

Gratitude Versus Discouragement. Christian Science is showing that true gratitude, the gratitude that is expressed in deed as well as in thought and word is more than a mere Christian grace, it is a Christian necessity. Not that God needs our gratitude, but that we need to give it to Him. Gratitude takes our thought from getting to giving, and he who gives good gets good.

For every good that comes to you, let some thought of gratitude to God ring through the innermost chambers of your heart of hearts. Do this faithfully and soon you will be doing it easily and soon, too, you will find yourself so frequently in the sweet company of happiness that life will seem to be beginning anew. And it will be the beginning of new things, for gratitude is one of the gateways through which God's blessings enter men's lives. If we keep it shut, need we wonder why more of good does not come to us?

The man who is ill, the man who is unfortunate, the man who is afflicted, the man who has not that which he needs, if he wonders why, will do well to ask himself often,

"Am I grateful enough for what I already have?" And the man who is discouraged has but to invite gratitude into his consciousness to see discouragement vanish like darkness before the undimmed sun. And here let it be said that there is not one man on this green earth today, but who can find something for which to be grateful to God, if he will but hunt for it honestly and earnestly.

Christian Science is tearing the mask from the gloomy face of discouragement and is exposing it in its true colors. It may be truly said that nine people out of ten submit to discouragement without resistance because they do not know any better. They do not know that it is not only bad, but dangerous. They do not know that it is a mental intruder, a moral nuisance that should never be tolerated but always shunned as one would shun infectious disease.

ENTERS LIKE A THIEF IN DEAD OF THE NIGHT

Devoid of all pity, catarrh fastens its clutch on its victims unawares

Catarrh is one of the most prevalent of all diseases. Why? Because it steals upon its victims like a thief in the night. To be forwarded is to be forlorn and ready to combat the condition, but catarrh gives no warning.

Before you know it you have catarrh. Catarrh usually is very hard to overcome.

Catarrh affects almost every organ in the body and will finally produce a condition known as systemic catarrh. The circulation becomes poor and the organs suffer. The patient has a general despondent feeling. Sometimes catarrh resembles chronic malaria and again it resembles nervous prostration. The kidneys become affected, and the bladder and the stomach. Then comes indigestion, pains and cramps after eating, kidney affections which so frequently cause backaches, especially upon arising in the morning, and many other ills too numerous to mention.

At the first sign of catarrh you should do something to check its course. The most reasonable rational treatment is with a tonic; one that will aid digestion, enrich the blood and build up the muscles.

Hundreds of thousands of people have proclaimed Tanlac an excellent remedy for catarrh. First aid should be through the stomach, causing good digestion and from this "hot bed" of human ills, good influence is sent to every portion of the body. Tanlac is composed entirely of vegetable ingredients selected for their purity and potency and gathered in many parts of the world.

Tanlac may be obtained in Alliance at Harry Thiele's drug store.

REMOVING CARBON

Auto owners who wish to remove carbon from the gas engine cylinder by means of a carbon flame may do so without injuring the mechanism if the following precautions suggested by the department of agricultural engineering of the college of agriculture are observed:

The radiator must be filled with water in order to keep water around the cylinder walls and valves.

Both valves must be closed and the piston is placed at the top of the cylinder to confine the oxygen in the combustion chamber.

If compressed air is at hand after burning the carbon out, the engine is turned over until the exhaust valve is open, and a jet of air introduced into the cylinder to blow all loose particles of carbon which will prevent it from proper seating, and so impare the compression.

Chamberlain's Colic, Cholera and Diarrhoea Remedy

This is a medicine that every family should be provided with. Colic and diarrhoea often come on suddenly and it is of the greatest importance that they be treated promptly. Consider the suffering that must be endured until a physician arrives or medicine can be obtained. Chamberlain's Colic, Cholera and Diarrhoea Remedy has a reputation second to none for the quick relief which it affords. Obtainable everywhere.

CRUDE OIL KILLS LICE

Hog oilers are the cheapest and most efficient means of ridding the hog of lice, says the veterinary department of the college of agriculture.

One application of crude oil kills both lice and nits. The most convenient method of applying the oil is by means of a hog oiler, of which there are several good types. They are always ready and require little attention. The best oiler allows the pig to rub the oil on any part of the body.

The oiler can also be applied with a sprinkler, spray pump, broom, or brush. If there is any indication of skin disease, the parts may be scrubbed with a broom or brush so as to get the oil well into the skin. When crude oil is used, the appearance of skin and hair is greatly improved.

Are You Looking Old?

Old age comes quick enough without inviting it. Some look old at forty. That is because they neglect the liver and bowels. Keep your bowels regular and your liver healthy and you will not only feel younger but look younger. When troubled with constipation or biliousness take Chamberlain's Tablets. They are intended especially for these ailments and are excellent. Easy to take and most agreeable in effect. Obtainable everywhere.

Adv.—Sept

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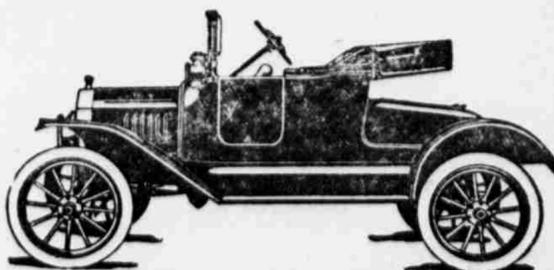
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JUMP FROM BED IN MORNING AND DRINK HOT WATER

Open sluices of system each morning and wash away the poisonous, stagnant matter, says authority.

A glass of hot water with a teaspoonful of limestone phosphate in it, drank each morning before breakfast, keeps us looking and feeling fit.

Life is not merely to live, but to live well, eat well, digest well, work well, sleep well, look well. What a glorious condition to attain, and yet how very easy it is if one will only adopt the morning inside bath.

Folks who are accustomed to feel dull and heavy when they arise, splitting headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, can, instead, feel as fresh as a daisy by opening the sluices of the system each morning and flushing out the whole of the internal poisonous stagnant matter.

Everyone, whether ailing, sick or well, should, each morning, before breakfast, drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus cleansing, sweetening and puri-

fying the entire alimentary canal before putting more food into the stomach. The action of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and acidity and gives one a splendid appetite for breakfast. While you are enjoying your breakfast the water and phosphate is quietly extracting a large volume of water from the blood and getting ready for a thorough flushing of all the inside organs.

The millions of people who are bothered with constipation, bilious spells, stomach trouble, rheumatism; others who have sallow skins, blood disorders and sickly complexions are urged to get a quarter pound of limestone phosphate from the drug store, which will cost but little, but is sufficient to make anyone a pronounced crank on the subject of internal sanitation.